

UNISON ROCKS

CHARITY BONSPIEL

JANUARY 30, 2016
HIGH PARK CLUB
100 Indian Road, Toronto

All proceeds
to benefit  unison
benevolent fund

WELCOME to the 2nd annual Unison Rocks Curling Bonspiel!
Thanks for spending a day with us at High Park
Curling Club - all in aid of Unison!

Unison Benevolent Fund is a non-profit, registered charity that provides counselling and emergency relief services to the Canadian music community. We are here to help professional music makers in times of hardship, illness or economic difficulties.

The Unison Fund is the only organization of its kind in Canada. It is our way to take care of one another, to keep Canadian Music Makers as strong as they can be, and to make sure passionate and talented music makers can get back to work as quickly as possible.

You can help by telling everyone you work with about the Unison Fund. Registration takes less than a minute, and access to counselling and health and wellness support is immediate. On behalf of everyone at the Unison Fund, thank you.

Thanks to all the Participants


A SPECIAL THANK YOU TO OUR SPONSORS



EVENT

11am	Registration and Brunch
11:30am	Practice [<i>who needs it?</i>]
12-1:30pm	Draw 1 [<i>that's curling lingo for a game</i>]
2-3:30pm	Draw 2 [<i>now that you're warmed up...</i>]
5pm	Prizes and Dinner

DINNER

Tonight's après-curling menu by 

SOUP

Carrot, Ginger and Lemongrass soup, with Spinach
(Gluten Free, Dairy Free, Vegetarian)

SALADS

- 1) Green Salad with Red Wine Dressing and Shaved Root Vegetables (Gluten Free, Dairy Free, Vegan)
- 2) Ace Kale Salad with Beets, Crispy Chick Peas, Goat Cheese and Red Wine Dressing (Gluten Free, Vegetarian)

MAINS

- 1) Beef Bourguignon with Slow-Braised Beef, Mushrooms, Carrots, and Pearl Onions, in Rich Red Wine Sauce, served with Crusty Bread (Gluten Free, Dairy Free)
- 2) Potato, Cauliflower, and Kale Curry with Aromatic Spices and Crisp Papadums, served with Cucumber Raita and Basmati Rice (Gluten Free, Dairy Free, Vegetarian)

DESSERT

Warm Dark Chocolate Brownie (Vegetarian)

THANKS FOR ROCKING OUT!
SEE YOU NEXT YEAR

www.UnisonFund.ca @UnisonFund